

ISLAM

FORTY VERY EASY, QUICK & REWARDING GOOD DEEDS FOR ALL OF US TO DO EVERYDAY!



By [ummah](#) April 10, 2009

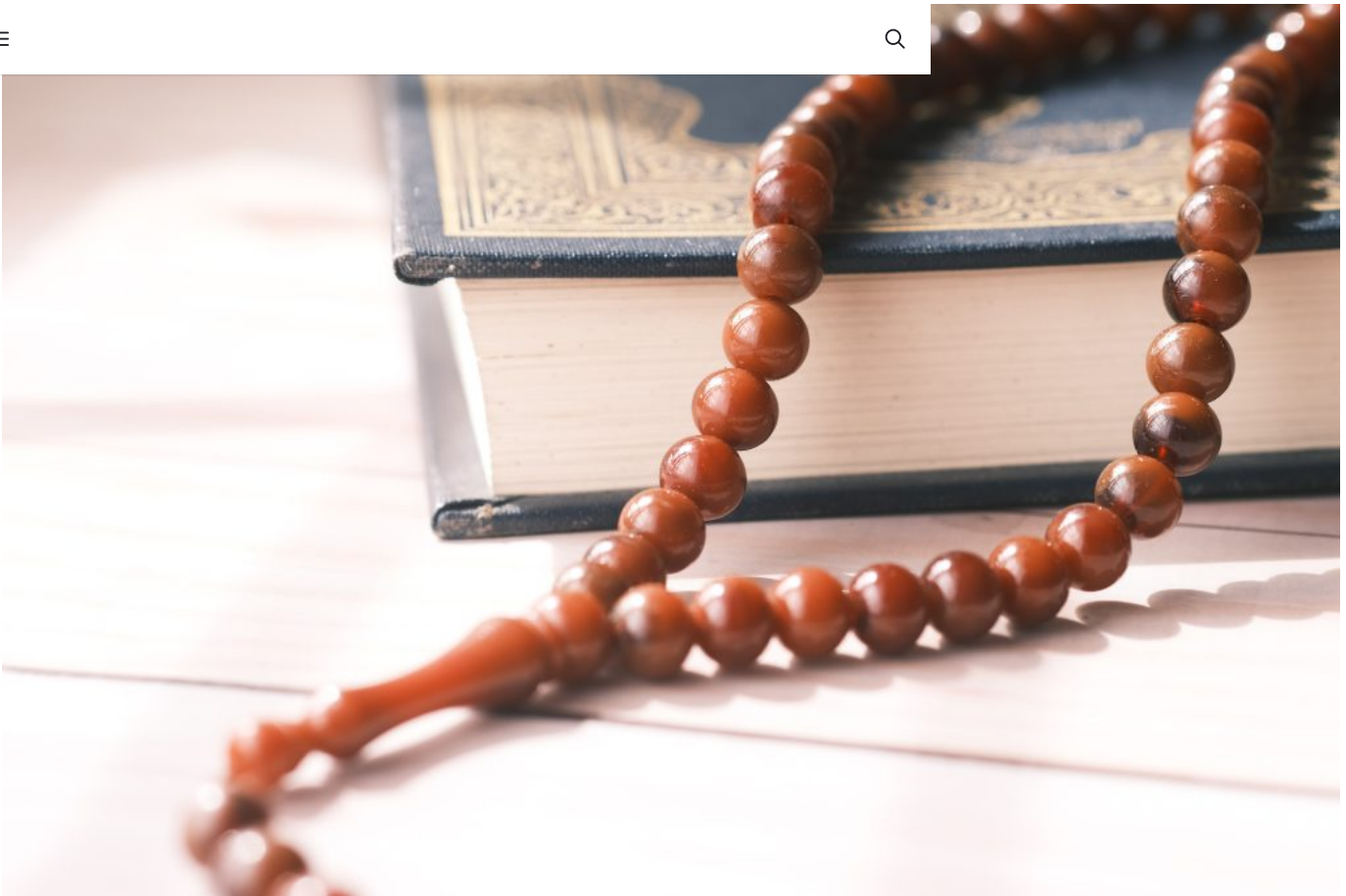
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1. Earn a thousand good deeds in Minutes

The Prophet (Sallallahu Alaihi Wasallam) said: "Is anyone of you incapable of earning one thousand Hasanah (rewards) a day?" Someone from the gathering asked, "How can anyone of us earn a thousand Hasanah?" The Prophet (Sallallahu Alaihi Wasallam) said: "Glorify Allah a hundred times by just saying **"Subhanallah"** and a Good deeds will be written for you, or a thousand sins will be wiped away." [Muslim 4:2073]

2. One of the Rare Treasures of Paradise

Abu Dharr (Ra) narrated that the Prophet (Sallallahu Alaihi Wasallam) said: "Should I not tell you of one treasure of the unlimited treasures of Paradise?" I replied spontaneously "Oh Rasulallah (Sallallahu Alaihi Wasallam) that would be an honour indeed!" Rasulallah (Sallallahu Alaihi Wasallam) said: "That rare treasure is **LAHAWLA WA LA QUWWATA ILLA BILLAH.**" ("The strength to do good and to refrain from evil comes from the grace and mercy of Allah!") – [Ibn Majah]



3. A Date Palm planted in Paradise for the one who Recites this

Jaa'bir [Ra] narrated that the Prophet (Sallallahu Alaihi Wasallam) said: "For the person who recites SUB-HAN'ALLAH HIL AZEEM WABI-HAM'DIHI, [Pure and perfect is Allah in his glory and praise], – A date palm will be planted for him in Paradise" [Tirmidhi]

Another Narration says:

4. Forgiveness for Sins Even Though they are like the Foam of the Sea:

Narrated Abu Huraira (Ra), The Prophet (Sallallahu Alaihi Wasallam) said, "Whoever says, '**Subhan Allaahi Wa bihamdihi**, {Allah is free from imperfection and His is the praise}. One hundred times a day, will be forgiven all his sinseven if they were as much as the foam of the sea. [Bukhari, Book #75, Hadith #414]

5. We Can Earn Over a BILLION Rewards in Just a Few Seconds!

Narrated 'Ubaadah (Ra) that the Prophet (Sallallahu Alaihi Wasallam) said, "Whoever seeks forgiveness for the believing men andbelieving women, Allah will write for him a good deed for each believing manand believing woman." [Tabarrani]



6. That Which Shall Have no Equal on the Day of Resurrection:

Narrated Abu Huraira (Ra) that the Prophet (Sallallahu Alaihi Wasallam) said, "Whoever says one hundred times in a day:

"Laa ilaaha illallaah wahdahuu laa shareekalahu, lahu-l-mulk wa lahu-l-hamd wa huwa 'alaa kulli shai'in qadeer,"

("None has the right to be worshipped but Allah, the Alone Who has no partners, to Him belongs Dominion and to Him belong all the Praises, and He has power over all things (i.e. Omnipotent)"),}

he will get the same reward as given for manumitting ten slaves; and one hundred good deeds will be written in his accounts, and one hundred sins will be deducted from his accounts, and it (his saying) will be a shield for him from Satan on that day till

7. Four Phrases that are Heavier on the Scales than an Entire Morning of Dhikrullah (Remembrance of Allah):

The Mother of the Believers, Juwairiyah bint Al-Harith (Ra) reported that the Prophet (Sallallahu Alaihi Wasallam) came out from my apartment in the morning as I was busy in performing the dawn prayer. He came back in the forenoon and found me sitting there. The Prophet (Sallallahu said, "Are you still in the same position as I left you." I replied in the affirmative. Thereupon the Prophet (Sallallahu Alaihi Wasallam) said, "I recited four phrases three times after I had left you. If these are to be weighed against all you have recited since morning, these will be heavier. These are:

Subhan-Allah Wa bihamdihi, 'adada khalqihi, warida-a nafsihi, wa zinatah 'arshihi, wa midada kalimatih

(Allah is free from imperfection and I begin with His praise, as many times as the number of His creatures, in accordance with His Good Pleasure, equal to the ink that may be used in recording the words (for His Praise).") [Muslim]

8. A Phrase that Comes with Rewards in the MILLIONS:

On the authority of Abdullah ibn 'Umar (Ra) that the Prophet (Sallallahu Alaihi Wasallam) said:

"Whoever enters a market and says: '**Laailaaha ill Allah Wahdahu laa shareeka lah, la hul Mulku Wa la hul Hamdu yuhyi Wayumeetu Wa huwa Hayyun laa yamoot, bi yadihil khayr, wahuwa 'alaa kulli shay'in qadeer'**

{There is nothing worthy of worship but Allah, He is alone without partner, to Him belongs the dominion and the praise, he causes life and death and He is the Living One and will never die. In His Hand is all good, and He is over all things capable.)

Allah will write for him a million good deeds, erase a million of his bad deeds and build for him a house in Jannah."

And in another narration, instead of mentioning that Allah will build a house in Jannah, it states, "and he will be raised one million levels." [Tirmidhi]

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9. Reciting Tasbeeh,(Subhanballah), Tahmeed (Alhamdolillah) and Takbeer Allahu Akbar), and enjoining what is Good and forbidding what is evil, and praying Salaatul Duha(Breakfast prayer).

It was narrated from Abu Dharr (Ra) that the Prophet (Sallallahu AlaihiWasallam) said: "For every bone of the son of Adam a charity must be given each day. Every **Tasbeehah**(saying Subhaan Allah -Glory be to Allah) is a charity, every **Tahmeedah** (saying Al-hamdu Lillaah -praise be to Allah) is a charity, every **tahleelah** (saying Laailaaha ill-Allah -There is no god but Allah) is a charity, every **takbeerah** (saying Allaahu akbar -Allah is Most Great) is a charity, enjoining what is good is a charity, forbidding what is evil is a charity, and two Rak'ahs (Nawafil) offered in the mid-morning (Duha) is sufficient." [Muslim, 720]

10. The Virtues of Reciting Tasbih at-I-Fatima

beloved daughter (and Ali's (Ra) wife), Fatima (Ra), used to perform all the domestic duties with her own hands. She had even to draw water from the well and to carry it home and to grind the corn in the millstone. One day she begged the Prophet (Sallallahu Alaihi Wasallam) to provide her with a domestic servant upon which the Prophet (Sallallahu Alaihi Wasallam) observed, "I will tell you of something that will serve you better than a domestic servant. Recite **Subhaan-Allaah** 33 times, **Alhamdulillah** 33 times, and **Allahu Akbar** 34 times after each Salaah and on retiring to bed. This will be of greater value to you than a servant." [Mishkat P209 V1 Sahih Muslim]

Another Tradition says, "Whoever will recite after each Salaah 33 times **Subhaan-nallaah**, 33 times **Alhamdulillah**, and 34 times **Allahu Akbar**, and, at the end of it, the Kalima of '**Laa ilaaha illal laahu wahdahu laasharika lahu lahul mulku wa-lahul hamdu wa huwa alaa kulli shay-in qadeer**'. (There is no Allah but one Allah. He is alone. No partner hath. He Him belongs sovereignty and unto Him belongs Praise and He is all-Powerful) all his sins will be forgiven even if they be as profuse as the foam of the sea."

11. How to Erase 2500 Sins in 5 minutes!

Abd-Allaah ibn 'Amr (Ra) who said: "The Prophet (Sallallahu Alaihi Wasallam) said: 'There are two qualities, no Muslim man acquires them but he will enter Paradise, and they are simple and easy. He should glorify Allah (say Subhaan Allah) ten times immediately after each prayer, and praise Him (say Al-hamdu Lillaah) ten times and magnify Him (say Allaahu Akbar) ten times.'

I saw the Messenger of Allah (peace and blessings of Allah be upon him) counting this on his fingers. He said: 'That makes one hundred and fifty on the tongue and one thousand five hundred (hasanaat) in the scales.

[**Translator's note:** each of three phrases repeated ten times makes thirty; multiplied by the number of daily prayers, which is five, makes one hundred and fifty. Each of these good deeds of the tongue will be rewarded with ten Hasanaat which will be added to the total of good deeds to be weighed in the balance or scales on the Day of Judgement].

12. Glorifying Allah 100 times when one goes to bed

When you go to bed, glorify Him and praise Him and magnify Him One hundredtimes: that will be one hundred on the tongue and a thousand in the scales.

The Prophet (Sallallahu Alaihi Wasallam) said: "Who among you does 2,500 bad deeds in one day?' They said: 'How could we not count (our sins)?' He said: 'The Shaytaan comes to any one of you whilst he is praying and says, Remember this, remember that, until he finishes his prayer and does not do (this dhikr), or he comes to him when he is lying down and makes him sleepy, until he falls asleep (without doing this dhikr).'" [Sunan al-Tirmidhi, 3332]

13. Earning a 1000 good deeds and wiping away a 1000 bad deeds in Minutes

The Prophet (Sallallahu Alaihi Wasallam) said: "If a person says **"Subhanallah"**(glory be to Allah) 100 times, a thousand good deeds are recorded for him and a thousand bad deeds are wiped away." [Muslim]

14. Jannah becomes obligatory for the one who Recites the following

Abu Sa'id (Ra) said that the Prophet (Sallallahu Alaihi Wasallam) said, "Whoever says:

Jannah becomes obligatory for him (to enter). [Abu-Dawud]

Note: Bestsaid in Morning and Evening with “Nabiyanwa rasoolan”

15. The Virtues of Reciting the First Kalimah

The declaration of belief in the oneness of Allah or Kalimah Tayyibah

Laa ilaaha ill-Allah

(There is no worthy of worship except Allah)

Zaid bin ‘Arqam (Ra) narrated that the Prophet (Sallallahu Alaihi Wasallam)said: “Whoever says Laa ilaaha illal-laah... sincerelywill enter the Paradise.”

It was said: And what is the [sign of] sincerity? He said: “That this Kalimah stops him from those things whichAllah has forbidden.” [Tabaraani inAwsat-ul-Kabeer]

Almighty Allah says: “Do you not see how Allah puts forth the likeness of a good word (kalimah tayyibah)? It is like a good tree, whose root is firmlyfixed and whose branches reach to the sky. It brings forth its fruit in allseasons by the command of its Lord. And Allah sets forth parables for men, sothat they may take heed. And the likeness of an evil word (kalimah khabeetha- a word of shirk) is like an evil tree, which is uprooted from the face of theearth, and has no stability.” [Qur’an: 24-26]

16. Virtues of Reciting the Third Kalimah:

The word of glorification or the Kalima-e-Tamjeed

Subhāna-Ilāhi, wa-l-hamdu li-Ilāhi, Wa lā ilāhaillā-Ilāhu, wa-Ilāhu akbar. Wa lā hawla Wa lā quwwata illābi-Ilāhi-l-‘aliyyi-l-‘azīm

(Glory be to Allah. And praise be to Allah. And there is no god except Allah.And Allah is the Greatest. And there is no power and no strength except withAllah, the Most High, And Most Great)

Ibn Mas’ud (Ra) narrated that the Prophet (Sallallahu Alaihi Wasallam) said: “When I met Prophet Ibrahim (As) in the night of Mi’raaj(Night of ascension) he asked me to convey his Salaam to my Ummah and to tellthem that the Paradise has a fertile soil and sweet water, and is like a vastfield. And its plants are [the words above].”

Another version says: “Whoever recites the wordsabove, a tree in Paradise is planted for him for each word he says.” [Tirmidhi]

17. Virtues of reading the Fourth Kalimah:

Lā ilāha illā-llāhu waḥdahu lā sharīka lahulahu-l-mulku Wa lahu-l-hamdu yuḥyi Wa yumītu Wa huwa ḥayyu-llā yamūtu abadanabada, dū-l-jalāli wa-l-ikrām, biyadihi-l-khayr, wa huwa ‘alā kulli Shay’inqadīr.

(There is no god except Allah, Who is Alone and has no partners. For Him is the Dominion and for Him is all praise. He gives life and causes death. And He is living and will never ever die. Owner of Majesty and Honour: In His Hands is all goodness. And He has power over all things)

Abu Hurairah (Ra) reports that the Prophet (Sallallahu Alaihi Wasallam) said: “A person who recites: **Laa ilaaha illal-laahu wahdahu laa shareeka lahu,lahul-mulku wa lahul-hamdu wa huwa ‘alaa kulli shay-in qadeer**, a hundred times daily will have reward equal to that of freeing ten slaves and one hundred good deeds will be written for him, and one hundred of his sins will be lifted from him, and for the whole day, he will remain immune from the Shaytaan until the evening, and on the Day of Judgment, no one will exceed him in merit except one who has done [these phrases] more.” [Agreed Upon]

18. Virtues of Reciting AYAT UL KURSI after Salaat

The Prophet (Sallallahu Alaihi Wasallam) said: “Whoever recites Aayatul Kursi after every Fard (Fard Salat). Only death is keeping him/her from entering Jannah. [Nisa’i, Ibne Habban, Ibnelsani A’n Abi Amatah Albahili (Ra)]

Another Hadith states that Reciting Ayatul Kursi after one Fard (Fard Salat) will cause a person to stay in Allah's protection until the next Salat. [Tibrani Fil Kabeer]

18.1 Recite AyatulKursi for protection

Imam Baihaqi (Ra) States: The one who recites Ayatul Kursi before falling asleep, Allah gives protection to his/her home and his/her Family. [Marqat Sharah Mishkaat, Mulla Ali Qaderi, Vol. 2 pp. 583]

In another Hadith the Jinn and Shaithaan do not come close to the house in which Ayatul Kursi is recited. [Tirmidhi Altargheeb Wal Tarheeb Lilmanzarivol.2 pp.631]

18.2 Recite AyatulKursi for blessing in ones food

A’isha (Ra) states that a person arrived in the court of The Prophet (Sallallahu Alaihi Wasallam) and complained that there is no Barakat (Blessings) in anything in his home. The Prophet (Sallallahu Alaihi Wasallam) said, “You do not recite Ayatul Kursi, whichever Food and Curry you will recite Ayatul Kursi on, Allah will give Blessings on that Food and Curry. [Tafseer Dar Manshoor vol. 1 pp. 323]

19. Visiting a sick Muslim.

The Prophet (Sallallahu Alaihi Wasallam) said: “There is no Muslim who visits another sick Muslim early in the morning but 70 thousand angels send blessings upon him until evening comes, and if he visits him in the evening, 70 thousand angels send blessings upon him until morning comes, and he will have a garden in paradise.” [Tirmidhi]

20. Going to the Masjid in order to learn or teach

teach what is good has the reward of a pilgrim who completed his Hajj" [Tabarrani]

21. Praying the 12 Sunnah Rakats each day.

The Prophet (Sallallahu Alaihi Wasallam) said, "Allah will build house in Jannah for whoever is diligent in observing 12 Sunnah rakat (as follows) 4 rakat before and 2 after Dhur, 2 after the Maghrib, 2 after Isha, and 2 before Fajr." [Tirmidhi]

22. Praying Fajr then worship until after Sunrise (15-20 min after sunrise).

The Prophet (Sallallahu Alaihi Wasallam) said, "Whoever prays Fajr Salaat in congregation, then sits remembering Allah until sunrise, then prays 2 Rakats of Salat has a complete reward of Hajj and Umrah. (The Prophet (Sallallahu Alaihi Wasallam) repeated the word 'complete' 3 times for emphasis) [Tirmidhi]

23. Reward for Reciting each letter of Holy Qur'an.

It was narrated that 'Abd-Allaah ibn Mas'ud (Ra) said: The Prophet (Sallallahu Alaihi Wasallam) said: "Whoever reads a letter of the Book of Allah will be credited with a good deed, and a good deed gets a tenfold reward. I do not say that Alif-Laam-Meem is a letter, rather Alif is a letter, Laam is a letter and Meem is a letter." [Al-Tirmidhi, 2910]

verses of the holy quran

23.1 Surah Fathiha The Mother of the Qur'an and a cure for every disease

Abu Sulaiman (Ra) says that once a group of Companions were in an expedition (ghazwa) when they happened to come

Fathiha) is "The Mother of the Qur'an" (Umm al-Qur'an) and is a cure for every disease."

[This narration has been recorded by Ath-Thua'ibi from Abu Sulaiman, who narrated it from Muawiya bin Salih (RA), Tafseer Mazhari 1:31]

23.2 Surah Mulk which protects one from the Torment of the Grave

It was narrated that Abdullah Ibn Mas'ud (Ra) said: "Whoever reads Tabarakallahu Biyadihil Mulk [i.e. Surah al-Mulk] every night, Allah will protect him from the torment of the grave. At the time of the Messenger of Allah (Peace be upon him) we used to call it Al-Mani'ah (that which protects). In the Book of Allah it is a Surah which, whoever recites it every night has done very well." [An-Nasa'i]

23.3 Surah Zilzalah worth half of the Qur'an

Abdullah Ibn 'Abbas (Ra) and Anas Ibn Malik (Ra) reported that the Prophet (Sallallahu Alaihi Wasallam) said, 'Whoever recited **Surah Zilzalah** (99) would get the reward of reciting half the Qur'an. Whoever recited **Surah al Kaafirun** (109) would get a reward as if reading a quarter of the Qur'an. Whoever recited **Surah al Ikhlas** (112) would get a reward as if reading one third of the Qur'an'. [At-Tirmidhi 2818/A]

23.4.1 Surah Ikhlas worth a third of the Qur'an

Abu Sa'id al-Khudri (Ra) reported that the Prophet (Sallallahu Alaihi Wasallam) said to his Companions, "Are any of you unable to recite a third of the Qur'an in a night?" That was difficult for them and they said, "Which of us is able to do that, Messenger of Allah?" He said, "[The Surah] 'Say: He is Allah, Absolute Oneness, Allah, the Everlasting Sustainer of all' (112) constitutes a third of the Qur'an.'" [Sahih al-Bukhari 6:61 #534, Riyadh as-Salihin by Imam an-Nawawi Ch.183 #1010]

23.4.2 Surah Ikhlas recited 200 times daily gets forgiveness of 50 years of sin

Anas (Ra) reported the Prophet (Sallallahu Alaihi Wasallam) as saying, "If anyone recites two hundred times daily, Qul huwallahu had the sins of fifty years will be wiped out, unless he is in debt." [At-Tirmidhi and Darimi]

The latter version has 'fifty times' and he did not mention 'unless he is in debt'

23.5 Surah al Falaq and An Naas protection from Jinn and evil eye

The Prophet (Sallallahu Alaihi Wasallam) used to seek refuge from the jinn as well as from the evil eye until **Surah al Falaq** and **An Naas** were revealed. When they were sent down, he utilised them and left other things. [At-Tirmidhi #1984, Riyadh as-Salihin by Imam an-Nawawi Ch.183 #1014]

24. 5 Reciting Qur'an whilst in Qiyaam (Standing in prayer)

Abd-Allah ibn 'Amr ibn al-'Aas (Ra), narrated that the Prophet (Sallallahu Alaihi Wasallam) said: "Whoever recites **ten**

Muqantareen (those who pileup good deeds)." [Abu Dawood and Ibn Hibbaan. It is a Hasanreport. Saheeh al-Targheeb, 635]

24. Good manners are the Heaviest on the good deed scales

Abu Darda (Ra) reported: The Prophet (Sallallahu Alaihi Wasallam) said, "Nothing will be heavier on the Day of Resurrection on the Scale of the believer than good manners. Allah hates one who utters foul or coarse language."

25.1 Dhikr of Allah during business or whilst working

Dhikr of Allah at intervals while engaged in business is a source of great reward and merit. It is mentioned in Hadith that in a place where people are oblivious to Dhikr, remembrance of Allah is like being steadfast in jihad, when others are running away. [Targhib, p. 193, vol. 3 ref. Bazar and Tibrani]

25.2 We will regret the Seconds we wasted without remembering Allah

Hadhrat Mu'adh (Ra) narrated that the Prophet (Sallallahu Alaihi Wasallam) said: "The Inhabitants of Paradise will not be grief-stricken or sorrowful about anything they did in the life of the world except for the time they spent without being in the remembrance of Allah" [Tabaraani]

26.1 Do Dhikr of Allah even if its on Comfortable beds

Abu Saeed Khudri (Ra) narrates that the Prophet (Sallallahu Alaihi Wasallam) said: "There are many people reclining on comfortable beds and making the Dhikr of Allah on earth. Allah will grant them elevated ranks (in the Akhirah)." [Ibn Habbaan]

Those indulging in luxury should not abstain from Dhikrullah. They too should be constantly engaged in the remembrance of Allah whilst enjoying the comforts of the bounties which Allah has bestowed on them and Allah will give them elevated ranks in the hereafter.

26.2 Do so much Dhikr that people think you are mad

Abu Saeed Khurdi (Ra) also narrates that the Prophet (Sallallahu Alaihi Wasallam) said: "Engage in the Dhikr of Allah in such abundance that people comment that 'you are insane'." [Ahmed, Abu Ya'la, Ibn Habbaan]

26.3 Remember Allah in the places where people don't usually remember Allah

It is mentioned in Hadith that in a place where people are oblivious to Dhikr, remembrance of Allah is like being steadfast in Jihad, when others are running away. [Targhib, p. 193, vol. 3 ref. Bazar and Tibrani]

27. Always thank Allah for everything

A'ishah (Ra) said, I asked, "Messenger of Allah, why do you exert yourself so much while all your sins have

Anas bin Malik (Ra) reported that the Prophet (Sallallahu Alaihi Wasallam) said, "Allah is pleased with His slave who says: **`Al-hamdu lillah** (praise be to Allah)' when he takes a morsel of food and drinks a draught of water." [Muslim]

28. Praising Allah upon Sneezing and its Response

Abu Hurairah (Ra) has related a Prophetic saying: "Allah likes sneezing and dislikes yawning. When anyone of you sneezes he should say **"Alhamdulillah"** and the hearer thereof should respond **"Yarhamakullah"** as it is a right of the one who sneezes." [Sahih Bukhari].

29. Allah will increase us the more thankful we are to him

-Allah likes those who are thankful [Qur'an, 39:7]

-Allah rewards those who are thankful [Qur'an, 3:144]

-Allah gives more benefits and blessings to those who are thankful [Qur'an, 14:7]

-Allah protects those from harm who render Him thankfulness [Qur'an, 54:34-35]

29.1 Dua to make in every Dua to become of the appreciative

Allahumma a-inni ala Zikrika wa shukrika wa husni ibadatik

(O Allah! Help me to remember you, to thank you, and to worship you in the best of manners)

29.2 Thanking people

The Prophet (Sallallahu Alaihi Wasallam) said, "Whoever has a favour done for him and says 'Jazaak Allahu khayran' has done his utmost to thank him." [At-Tirmithi]

30. Meet Your Brother with a happy face

Abu Dharr (Ra) said, "The Prophet (Sallallahu Alaihi Wasallam), told me, 'Do not consider anything correct insignificant, even meeting your brother with a happy face.'" [Muslim]

31. Even Moving obstacles from people's paths is a great reward

Abu Hurairah (Ra) reported that the Prophet (Sallallahu Alaihi Wasallam), said, "A man passed by a fallen branch in the middle of the road and said, 'By Allah, I will remove this from the path of the Muslims so that it does not inconvenience them' and he was admitted into the Garden." [Muslim]

32. Being kind to Parents is the best deed after Salat

asked: "Then what?" He (Sallallahu Alaihi Wasallam) replied: 'Kindness to the parents... [Sahih Muslim: 120]

33. Sending Darud and Peace on the blessed Prophet (Peace be upon him).

The Prophet (Sallallahu Alaihi Wasallam) as saying that "One sent by my Sustainer came to me and told me that 'Whoever from your Ummah sends Darud on you once ten good deeds are recorded on his behalf, his ten (minor) sins are pardoned and he is elevated by ten stages' [Sunan Nisai and Musnad Ahmed, Al-targhib li al Mundhari, P.157 volume 3]

And Anas (Ra) a companion, has said that the Prophet (Sallallahu Alaihi Wasallam) said that "When my name is mentioned before anyone it is incumbent upon him to, send darud on me, and whosoever sends darud once, Allah sends His Mercy on him ten times.

The best Darud is that which we read towards the end of our Salah and the shortest is to say "Sallallahu Alaihi Wasallim"

34. Seeking forgiveness as much as possible everyday

The Prophet (Sallallahu Alaihi Wasallam) was free of all sin, but even then he has said that "I beg for Allah's forgiveness seventy times or more every day" [Bukhari]

The Prophet (Sallallahu Alaihi Wasallam) said: "Whosoever regularly seeks Allah's pardon, Allah makes for him a way out of all tight corners, removes all his worries and grants him sustenance from sources he had never imagined." [Abu Damd, Kitab-al-Satat, Bab-al-Istighfar].

35. Planting Trees is like giving Sadaqa and a means of great Reward

Planting plants and trees in appropriate places is an act of great merit

Anas (Ra) has quoted the Prophet (Sallallahu Alaihi Wasallam): "A man plants a tree or sows a field and a man or bird eats from it, the tree or field becomes a source of sadaqah for him." [Bukhari and Muslim]

36. Teach others beneficial Islamic things and have mercy of Allah and all creatures

Abu Umamah (Ra) has quoted the following words of our Prophet (Sallallahu Alaihi Wasallam) "Allah the Most High and His Angels and all creatures of the Heavens and earth even the ants inside their ant-holes shower mercy on those who teach things of benefit to others." [Jame-Tirmidhi]

37. Greet your Muslim brother whether you know them or not

The Prophet (Sallallahu Alaihi Wasallam), was asked as to which actions are good for Muslims. Among the actions which he enumerated was this: "You should greet people whether you know them or not."

It is reported about Abdullah bin Omar that sometimes he went out of the house only to greet any Muslims he met and thus to increase his merit. [Muwatta Imam Malik]

The Prophet ((Sallallahu Alaihi Wasallam) instructed his personal servant Anas(Ra) as follows: "Oh son! When you enter (your) house, greet your family members; this act shall be of benefit for both you and your family members." [Tirmidhi]

Even when entering an empty house one should greet with the intent that angels are being greeted.

37.2 Reward forgiving FULL salaam is 30 good deeds

Imran bin Husayn (Ra) recounts that once he and others were in the presence of the Prophet (Sallallahu Alaihi Wasallam) when a man came and said, "Assalamu alaikum", to which the blessed Prophet (Sallallahu Alaihi Wasallam) responded and said, "Ten" (i.e. the person who had greeted him had earned ten merits); then another man came and he said "Assalamu alaikum wa Rahmatullah", to which the Prophet (Sallallahu Alaihi Wasallam) responded and said "Twenty" (i.e. the person had earned twenty merits). Finally a third man came and said "Assalamu alaikum wa Rahmatullah wa Barakatu", to which the exalted Prophet (Sallallahu Alaihi Wasallam) responded and said, "Thirty" (i.e. the person had earned thirty merits) [Abu Daud, Tirmidhi, Jami al Usul, p. 602. vol6]

38. Love for the sake of Allah and be under his shade

One Hadith states, "Allah shall ask on the Day of Judgement, 'Where are those who loved for the sake of my Greatness? Today when there is no shade save Mine, I shall have them in My Shade.'" [Sahih Muslim: Kitab al Birr wa al Silah]

Another tells us that "On the Day of Judgement, those who had mutual love for the sake of Allah's Greatness shall be on pulpits of light and all shall envy them." [Jami' Tirmidhi, Kitab al Zuhd]

39. We will be with those whom we love even the Prophet (Peace be upon him)

Anas (Ra) Quotes that someone asked our blessed and exalted Prophet (Sallallahu Alaihi Wasallam), "When shall come the Day of Judgement?" Our Prophet (Sallallahu Alaihi Wasallam) asked him "What preparation have you made for the Day?" The man said, "Nothing, but I have love for Allah and for His Messenger." The Prophet (Sallallahu Alaihi Wasallam) said, "You shall be (on that Day) with whom you love."

Anas (Ra) says that these words of the Prophet (Sallallahu Alaihi Wasallam) so pleased us as nothing had ever done. He further said, "I have great love for the Holy Prophet (Sallallahu Alaihi Wasallam) and with Abu Bakr (Ra) and Umar (Ra), and because of this love, I shall be in their company, even though my deeds are not equal to theirs." [Sahih Bukhari, kitab-al-Adab, chapter Alamah al Hubb fi Allah]

40. Magnify ones intention and get even MORE reward doing good deeds!

The Prophet (Sallallahu Alaihi Wasallam) said: "Deeds (their correctness and rewards) depend upon intentions, and every person gets but what he has intended." [Agreed upon]

Ibn Al-Mubarak (Ra) said: "May a small deed be magnified by the sincere intention; and may a great deed be diminished by the insincere intention"

If we do not correct our intention before doing a good act or deed then we will not get rewarded our deeds even if it is a great one, while we can magnify our humble deeds by a sincere intention.

A Result for the workers:

("Surely Allah wrongs not even the weight of a small ant, and if it is a good deed he will multiply it").

(An-Nisa 4:40)

A Gift for those who remember:

("He who does a good deed shall have ten time the like of his credit"). **(Al-An'am, 6:160)**

A Refuge for the frightened:

("He who does a good deed shall receive better than it in reward, and from terror, they shall be safe on that Day"). **(Holy Qur'an)**

A Consolation for those who fall short:

("Verily good deeds erase bad deeds"). **(Hud, 11:104)**

A Wish for the righteous:

("And record for us good in this world and in the hereafter, we have indeed turned unto You). **(Al-Ar'af, 7:56)**

A Sign for the believers:

("Our Lord, grant us in this world that which is good, and in the hereafter that which is good). **(Al-Baqarah)**

("And the weighing that Day will be the true (weigh in); so as for those whose scale (of righteous deeds) will be heavy, they will be the successful ones"). **(Al-Zalzalah, 99:7)**

The First Treasure:

To say: "O Allah, forgive the believers, men and women, those of them who are alive and those who are dead".

'Ubaidah, narrated that the Messenger of Allah said: "He who asks forgiveness for the believers, men and women, Allah will record for him a good deed, for each believer, man and woman".

(Related by Al-Haythami in Majma' Az-Zama'id)

The Second Treasure:

Reciting what you can of the Qur'an Ibn Mas'ud related that the Messenger of Allah said: "He who reads a letter from the Book of Allah (the Qur'an) shall get a good deed for it, and each deed is multiplied ten times. I do not mean alif lam min is a letter but alif is a letter, lam is a letter and mim is a letter". **(Reported by At-Tirmidhi)**

The Third Treasure:

To say:

"How perfect Allah is and I praise Him. How perfect Allah is, Al-'Adhim.

Abu Hurairah narrated that the Messenger of Allah said: "There are two words which are light on the tongue but heavy on the Scale and beloved to Ar-Rahman: "Subhana 'allahi wa bihamdhi Subhana 'allahil 'atheemi **(Reported by Sahih Al-**

It was narrated from Abu Hurayrah that the Messenger of Allaah (peace and blessings of Allaah be upon him) said:

Narrated by Muslim, 118.

We as Muslims should always seek the help of Allah to do good deeds, and do we should try our best to do as many as we can. We should persist in doing these good deeds even if they are little, for that is better than doing a lot of good deeds then stopping.

Narrated by al-Bukhaari, 43; Muslim, 782.

Remembrance of Allah is the foundation of good deeds. Whoever succeeds in it is blessed with the close friendship of Allah. That is why the Prophet, peace be upon him, used to make remembrance of Allah at all times. When a man complained, "The laws of Islam are too heavy for me, so tell me something that I can easily follow," the Prophet told him, "Let your tongue be always busy with the remembrance of Allah." **[Narrated by Ahmad with two sound chains, also Tirmidhi and Ibn Majah through other chains, and Ibn Hibban who declared it sahih].**

The Prophet, peace be upon him, would often tell his Companions, "Shall I tell you about the best of deeds, the most pure in the sight of your Lord, about the one that is of the highest order and is far better for you than spending gold and silver, even better for you than meeting your enemies in the battlefield where you strike at their necks and they at yours?" **The Companions replied,** "Yes, O Messenger of Allah!" **The Prophet, peace be upon him, said,** "Remembrance of Allah." **(Narrated by Tirmidhi, Ahmad, hadith hasan)**

"Remember Allah abundantly, in order that you become successful"

Quran (Surah 8: Verse 45)

"Only in the remembrance of Allah (swt) will your heart find peace"

Quran (Surah 13: Verse 28)

"Those men and women who engage much in Allah's praise. for them Allah has prepared forgiveness and a Great Reward"

Quran (Surah 33: Verse 35)

Allah (SWT) has commanded us to remember him always. He says:

"Remember me, I shall remember you." **(Qur'an 2:152)**

"They are the most wise who remember Allah, standing sitting and lying down"

Quran (Surah 4: Verse 190)

"Satan has mastered them and caused them to forget the Remembrance of Allah. Those are satan's party; and satan's party shall assuredly be the losers"

Quran (Surah 58: Verse 19)

"Whosoever turns away from the Remembrance of Allah, He will hurl him into a stern punishment".

Quran (Surah 72: Verse 17)

"Whosoever turns away from My remembrance, his life will be made tight and narrow on the Day of Resurrection We shall raise him blind"

Quran (Surah 20: Verse 124)

You shall glorify Him day and night. **[Azhab: 33:42]**

Thus it is very important for us as Muslims to zikrullah, or remembrance, of Allah (SWT).

The word zikr has many meanings. **It means:** Allah's Book and its recitation, Prayer, Learning and teaching, Du'aa, Remembrance of Allah in the heart, or in both the heart and the tongue, and even pondering over Allah's creation.

The Qur'an says: "And establish regular prayer, for prayer restrains from shameful and unjust deeds, and remembrance of Allah is the greatest thing in life, without doubt." **(29:45)**

In other words, zikr has an even greater impact in protecting us from shameful and unjust deeds than regular prayers do. This is because when a person opens his heart to Allah (SWT) and utters words in His praise, Allah (SWT) fills him with strength and inner peace, comforting his mind and his heart.

The Prophet (PBUH) once said, "When any group of men remember Allah, angels surround them and mercy covers them, tranquillity descends upon them, and Allah mentions them to those who are with Him." **(Sahih Aljami',#5608).**

When people do zikr, their hearts turn to the highest ideals and are free from the temptations of sin. Obviously this is true only if the words come from the heart and not just from the tongue.

Abu Musa Al-Ash`ari (May Allah be pleased with him) reported: The Prophet (PBUH) said, "The similitude of one who remembers his Rubb and one who does not remember Him, is like that of the living and the dead." **[Al-Bukhari and Muslim].**

"... And the men and the women who remember Allah much with their hearts and tongues. Allah has prepared for them forgiveness and a great reward (i.e., Jannah)." **(33:35)**

(Al-A`raf: 43) but [rather], **It is said:**

The recompense of a good deed is a good deed after it and the recompense of a bad deed is a bad deed after it.

Almighty Allah says:

"So hasten towards all that is good". **(2:148)**

Abu Hurairah (May Allah be pleased with him) reported: Messenger of Allah (PBUH) said, "Hasten to do good deeds before you are overtaken by one of the seven afflictions." Then (giving a warning) he said, "Are you waiting for such poverty which will make you unmindful of devotion; or prosperity which will make you corrupt, or disease as will disable you, or such senility as will make you mentally unstable, or sudden death, or Ad-Dajjal who is the worst expected absent, or the Hour, and the Hour will be most grievous and most bitter". **[At-Tirmidhi].**

The purpose of this Hadith is that before overcoming of the obstructions, one should do one's best to improve his Hereafter by means of good deeds lest one is deprived of good deeds by some obstruction.

We should be trying to gain as many good deeds as we can before we are overcome by death. Death can be at ANY second so there is not a second to waste.

We will regret EVERY second we wasted without doing a good deed and remembering Allah!

360 Good Deeds = Ishraq Prayer

Ishraq Prayer is a nafl prayer which is performed about 12 minutes after sunrise. It has only 2 rakaats but Hadiths are replete with the high merits of this prayer. Abu Hurairah relates that our Prophet – upon whom be eternal Peace – **has said that** “He who says Ishraq prayers without fail shall have his lesser sins forgiven even though they may be as numerous as foam specks on the surface of the sea.” **(Tirmidhi and Ibn Majah)**

Abu Hurairah has also related that the eternally blessed Prophet once sent some companions on jihad. They returned soon with much booty. Someone asked in surprise how the military expedition returned so soon with so much booty. **The Holy Prophet said**, “Should I not tell you about the men who would come back even sooner and still more booty?” **Then he said**, “He who performs his ablution well, then completes his fajr prayer and then (after sunrise) performs his Ishraq prayer, comes sooner and with greater booty” **(Targhib p. 427. vol. I ref. Abu Yate ba Isnad-e-Sahib).**

A tradition related by Abu Dhar Ghifari tells us that a man has 360 joints in his body. To rid each from the hellfire, he should do at least 360 good deeds, which were subsequently described by our Holy Prophet. He said that saying Subhanallah once is one good deed, saying al Hamdulillah is another and saying La Ilaha Illallah is the third; to bid someone do good is a good deed and to stop someone from sin is also a good deed. Then after reciting the whole list, our Prophet said: –

“And in place of all these good deeds, 2 rakaats prayed at the time of Ishraq can also suffice” **(Sahih Muslim)**

Imagine this: 2 rakaats – which will take you less than 2 minutes, are equivalent to 360 good deeds.

The best way to perform Ishraq prayer is to sit in place after fajr prayer and do dhikr and then leave after performing Ishraq prayers when the sun has risen. But if one cannot follow this, then he can say Ishraq prayers after coming back home or after doing something he has to do.

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